

STAFFORDSHIRE FEDERATION OF YOUNG FARMERS' CLUBS

YFC Centre, County Showground, Weston Road, Stafford, ST18 OBD

President: George Hawley **Chairman**: Emily Cartmail **Treasurer**: Angela Woodward **Organiser**: Julia Taylor



Issued: 20th October 2022 - UPDATED 15.11.22

STAFFORDSHIRE YOUNG FARMERS JUMP ROPE COMPETITION - SUNDAY 27TH NOVEMBER 2022

VENUE: INGESTRE SUITE, COUNTY SHOWGROUND

RULES: Refer to NFYFC rules

CLUBS TAKING PART:

CHASE ECCLESHALL



<u>TIME:</u> Competitors to book in and carry out sound checks between 2-2.45 pm. Competition to commence at 3pm subject to other competitions running to time

PROCEDURE: First Part – Single Rope Freestyle – is a creative form of Jump Rope that is performed by 4 competitors (each person has their own individual skipping rope). The competitors must assemble a combination of finesse, power, strength, dance and intricate arm rope skills into a routine, which is choreographed to music. Precision, synchrony and dynamic interaction between the 4 jumpers are judged in this routine. There must be a section where all 4 jumpers are doing the same thing. The rest of the routine can consist of individuals showing off their skills, 2 people synchronised, but everyone must perform.

Second Part – Double Dutch Freestyle – is a creative form of Double Dutch which is performed by 4 competitors (2 turners and 2 jumpers). The competitors must assemble a combination of turner exchanges, finesse, power, strength, dance and intricate arm rope skills into a routine that is choreographed to music. Precision and synchrony between all 4 jumpers are judged in this routine. Each Double Dutch team member must turn and jump during the routine, not doing so will be grounds for a zero score in that component event.

*** PLEASE REFER TO NFYFC RULES FOR FULL DETAILS ***

<u>TIME ALLOWED</u> – The Single Rope Freestyle Section must be between 60 -75 seconds of the routine.

The Double Dutch Freestyle section must be between 60-75 seconds in length. For both sections the timing will start on the first note of the music or first movement, whichever occurs first and will stop with a clear end to the section. Teams may want to ensure that there is a clear distinction between the two sections.

HOW MANY IN A TEAM – The team will consist of a four (4) competitors, all of whom must be 28 years of age or under on 1st September 2022. **Please refer to NFYFC rules for full details**.

Music to be submitted on the day in a CD format. All music must be, at every round, a Radio Edit – i.e. suitable and passed for radio broadcast to family (pre watershed) audiences.

JUDGES: TBC SOUND STEWARD: Dave Heminsley,

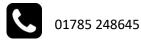
BOOKING IN STEWARDS AND TIMING: New Comps Chairs COMPERE: Emily Cartmail

IMPORTANT - PLEASE NOTE:

- Members must be joined (i.e. have access to their digital membership card) no later Wed 23rd Nov.
- Any club who withdraws within 7 days of the competition will receive a £10 fine and -6 points
- Any members aged 17yrs and under Parents to complete parental consent form https://form.jotform.com/222834122854353 by 12noon Wed 23rd Nov.
- All members taking part must be able to show their NFYFC digital membership card
- Do not attend if displaying any Covid symptoms

Spectators and supporters are welcome and there will be food to purchase throughout the day

Emergency Contact details on the day are YFC Mobile, 07984 174557 or Emily Cartmail, 07531 087003





county of fice @staffs young farmers.org.uk



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