



# STAFFORDSHIRE FEDERATION OF YOUNG FARMERS' CLUBS

YFC Centre, County Showground, Weston Road, Stafford, ST18 0BD

**President:** George Hawley **Chairman:** Emily Cartmail  
**Treasurer:** Angela Woodward **Organiser:** Julia Taylor



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## STAFFORDSHIRE YOUNG FARMERS JUMP ROPE COMPETITION - SUNDAY 27<sup>TH</sup> NOVEMBER 2022

**VENUE:** INGESTRE SUITE, COUNTY SHOWGROUND

**RULES:** Refer to NFYFC rules

**CLUBS TAKING PART:**

CHASE  
ECCLESHALL



**TIME:** Competitors to book in and carry out sound checks between 2-2.45 pm. Competition to commence at 3pm subject to other competitions running to time

**PROCEDURE: First Part – Single Rope Freestyle** – is a creative form of Jump Rope that is performed by 4 competitors (each person has their own individual skipping rope). The competitors must assemble a combination of finesse, power, strength, dance and intricate arm rope skills into a routine, which is choreographed to music. Precision, synchrony and dynamic interaction between the 4 jumpers are judged in this routine. There must be a section where all 4 jumpers are doing the same thing. The rest of the routine can consist of individuals showing off their skills, 2 people synchronised, but everyone must perform.

**Second Part – Double Dutch Freestyle** – is a creative form of Double Dutch which is performed by 4 competitors (2 turners and 2 jumpers). The competitors must assemble a combination of turner exchanges, finesse, power, strength, dance and intricate arm rope skills into a routine that is choreographed to music. Precision and synchrony between all 4 jumpers are judged in this routine. Each Double Dutch team member must turn and jump during the routine, not doing so will be grounds for a zero score in that component event.

**\*\*\* PLEASE REFER TO NFYFC RULES FOR FULL DETAILS \*\*\***

**TIME ALLOWED** – The Single Rope Freestyle Section must be between 60 -75 seconds of the routine.

The Double Dutch Freestyle section must be between 60-75 seconds in length. For both sections the timing will start on the first note of the music or first movement, whichever occurs first and will stop with a clear end to the section. Teams may want to ensure that there is a clear distinction between the two sections.

**HOW MANY IN A TEAM** – The team will consist of a four (4) competitors, all of whom must be 28 years of age or under on 1<sup>st</sup> September 2022. **Please refer to NFYFC rules for full details.**

Music to be submitted on the day in a CD format. All music must be, at every round, a **Radio Edit** – i.e. suitable and passed for radio broadcast to family (pre watershed) audiences.

**JUDGES:** TBC

**BOOKING IN STEWARDS AND TIMING:** New Comps Chairs

**SOUND STEWARD:** Dave Heminsley,

**COMPERE:** Emily Cartmail

### **IMPORTANT - PLEASE NOTE:**

- ❖ Members must be joined (i.e. have access to their digital membership card) no later Wed 23<sup>rd</sup> Nov.
- ❖ Any club who withdraws within 7 days of the competition will receive a £10 fine and -6 points
- ❖ Any members aged 17yrs and under - Parents to complete parental consent form <https://form.jotform.com/222834122854353> by 12noon Wed 23<sup>rd</sup> Nov.
- ❖ All members taking part must be able to show their NFYFC digital membership card
- ❖ Do not attend if displaying any Covid symptoms



**Spectators and supporters are welcome and there will be food to purchase throughout the day**

**Emergency Contact details on the day are YFC Mobile, 07984 174557 or Emily Cartmail, 07531 087003**



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